

Making music

What to do:

- Use your recycling to make your own musical instrument
- Create a shaker with rice or a guitar with a box and elastic bands

What you need:

- Cardboard boxes
- Elastic bands
- Rice
- Tins or cans
- Tape

Benefits of this experience:

Create as a family to form your own band. Playing the instruments will help children to identify and talk about sounds. Tuning into sounds will help their listening and attention skills. It will help children to use and understand vocabulary around the sound they are hearing.

Story and rhyme time:

Visit your local library to find these books:

‘Animal Music’ by Julia Donaldson

‘The Bear and the Piano’ by David Litchfield

‘The Animal Orchestra Plays Mozart’ by Sam Taplin

Suitable for:
5 - 11 year olds

