



Autumn walk

What to do:

- Go on a walk to the park or woods and collect leaves, pinecones, conkers, sticks. Stomp through the leaves, splash in the puddles and listen to all of the sounds around you.
- Collect some of the natural things you see on your walk and make a picture with them.
- Talk with your child about the patterns and shapes and colours they can see.
- Which natural things have you used for your picture?
- Which of these is the longest/shortest stick?
- What does the pinecone feel like?

What you need:

- A selection of natural objects you find on your walk.

Benefits of this experience:

Children will enjoy running, splashing and exploring in the outdoors. They will have lots of opportunities to match colours, shapes and patterns and to talk about

what they hear, see, smell and feel as they explore the natural objects that you find.

Story and rhyme time:

Visit your local library to find these books:

‘We’re Going on a Bear Hunt’ by Michael Rosen, ‘The Gruffalo’ by Julian Donaldson, ‘There’s a Shark in the Park!’ by Nick Sharratt.



Suitable for:

2 - 10 year olds