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| **Resource/Link** | **Brief Overview/Description** | **Accessible for SEN/LD** | **Lesson Plans** | **Class Resource** | **External Support** | **External Delivery** | **Cost attached to delivery** | **Useful Tips** |
| [Agenda Online](http://agendaonline.co.uk/download-agenda/) | This website covers an array of resources that explore positive relationships including creative ways to explore rights and responsibilities, equality and equity, gender stereotypes, sexuality, friendships and much more. | Some resources maybe adaptable. | Yes | Yes | No | No | N/A | The 'DIY' and 'Getting Started' tabs take you to a whole host of raising awareness activities such as '30-minute drama and Avatar.' The start /stop resource (under 'getting started') addresses stereotypes/impact/Young Peoples thoughts and feelings.  The safety and support tab lists polices and law to support this work. |
| [Imagine in Action: Going Further](http://www.imageinaction.org/pdf/GF_SREcourse-6.12.10-1.pdf) | A Sex and Relationship scheme of work for learners with additional needs. This resource is primarily targeted at Colleges and FE settings however, many of the activities can be used at Secondary level. | Yes | Yes | Yes | Yes | Yes | Yes | There is an accompanying resource that supports practitioners in the delivery of this programme. This can be found on the Image in Action resource page along with the programme link. It is entitled 'Going Further; Getting Started.' |
| [Think U Know](https://www.thinkuknow.co.uk/) | The National Crime Agency's CEOP Education team aim to help protect children and young people from online child sexual abuse.  CEOP offer an Education Programme which provides training, resources and information for children and young people, their families and those who work with them. | Yes | Yes | Yes | Yes | No | No | The Film clips and accompanying resources can be found at <https://www.thinkuknow.co.uk/professionals> |
| [#ImWithSam](https://www.dimensions-uk.org/get-involved/campaigns/say-no-autism-learning-disability-hate-crime-imwithsam/i-am-a-teacher/) | This resource enables Professionals to explore diversity, hate crime, stereotypes, and the impact of bullying particularly in relation to people with a Learning Disability and/or Autism. | Yes | Yes | Yes | Yes | No | N/A | <https://dimensions-uk.org/> support with other materials and advice with regards to people living with Learning Disabilities, Autism and Complex needs. |
| [National FGM Centre](http://nationalfgmcentre.org.uk/fgm/fgm-resources/) | The National FGM Centre’s Vision is to keep children and young people safe from FGM and other Harmful Practices, including ending new cases of FGM by 2030. Through our work we aim to:   * Prevent new cases * Protect children and young people * Support those affected by FGM and other Harmful Practices * Partner to deliver services and learn   The National FGM Centre is a partnership between Barnardo’s and the Local Government Association (LGA) to achieve systems change in the provision of services for children and families affected by Female Genital Mutilation (FGM). | Yes | Yes | Yes | Yes | No | N/A | Training is available but there is a cost attached to this. You would need to contact directly.  The PSHE Association also has lesson plans and guidance available on their website: [FGM resources](https://pshe-association.org.uk/search?queryTerm=FGM%20RESOURCES). |
| [NSPCC Making sense of relationships](https://learning.nspcc.org.uk/research-resources/schools/making-sense-relationships) | Promoting Healthy Relationships. This area is split into different age ranges. Includes resources, training, toolkits, and research.  Relationships play a key part in every child or young person’s wellbeing. Healthy relationships can help a child feel secure and supported, but unhealthy relationships can have a long-lasting negative impact. | Yes | Yes | Yes | Yes | Yes | Yes, but depends on the needs of the school | <https://learning.nspcc.org.uk/research-resources/schools/pants-teaching> The NSPCC offer their resource called Pants, the underwear rule. A downloadable free resource which includes a lesson plan, slide presentation, curriculum links, classroom activities and more. |
| [Love Life Resources; NSPCC](https://learning.nspcc.org.uk/research-resources/schools/love-life/) | An NSPCC resource for young people with Learning Disabilities that uses video clips and accompanying lesson plans to explain and explore feelings, emotions, boundaries, consent, and online safety. | Yes | Yes | Yes | Yes | No | N/A | Due to the length and detail within the clips, it is recommended that this resource is used as part of an on-going programme and not used in isolation. Please read the supporting documents listed within the lesson plans to support your delivery. The NSPCC do not deliver this programme directly, but an assortment of external support and training are available through their website. |
| [Bish](https://bishtraining.com/#aboutus) | An interactive, educational, and evidence-based resource that explores the reality of the pornographic world verses reality. | Resource could be adapted. | No | Yes | Yes | Yes | Yes | There is a small fee for this resource, but the cost certainly worth it! Bishtraining.com offers resources, training and advice surrounding relevant and effective RSE for young people today. Plant Porn is one resource that has been tried and tested by many RSE Practitioners locally and nationally. This resource has been linked to the most relevant criteria within the RSE guidance, other guidance could be met depending on the discussions that arise. |
| [Puberty and Sexuality; Leeds Sexual Health (LD).](https://s3-eu-west-1.amazonaws.com/leedssexualhealth.com/downloads/Puberty-Sexuality-Pack.pdf) | An award-winning teaching pack that can be used with Children and Young People aged 9-18 years to explore puberty, sexuality and much more! | Yes | Yes | Yes | No | No | N/A | Although this pack was designed in 2009 it is still highly recommended by the Sex Education Forum as one of their suggested free resource manuals. It was designed by Sexual Health in Leeds and is free to download from their website: <https://leedssexualhealth.com/professional-area> |
| [Crossing The Line; Child Net International.](https://www.childnet.com/resources/pshe-toolkit) | A set of practical online safety PSHE toolkits to explore online issues, including links to Relationships, Sex and Health Education (RSHE), with pupils aged 11-14 years old. This resource specifically looks at issues such as Cyberbullying, sexting, peer pressure and self- esteem. | No | Yes | Yes | Yes | No | N/A | This resource could also be used with key stage 2 should the teacher feel this is suitable. Each clip has been rated by the BBFC and therefore will give an indication as to what resources maybe suitable for a younger age group. There are other toolkit's available such as Myth Vs Reality. <https://www.childnet.com/resources/pshe-toolkit/myth-vs-reality/> |
| [Lurking Trolls](https://lurkingtrolls.com/) | Beware of Lurking Trolls is a campaign designed to help protect children from online harm. It centres around a storybook Peril of the Possessed Pets and is used in primary schools with children aged 7 to 11 years. | Yes | Yes | Yes | Yes | No | N/A | The Lurking Trolls campaign has been designed to support the teaching of the Government’s internet safety strategy for supporting children to stay safe online – Education for a Connected World. To do this there seven resource packs for schools that support many of the aspects in this framework for online education. |
| [Brook](https://www.brook.org.uk/get-help/) | Brook is a guide to sexual health and wellbeing for young people under the age of 25. The website is very interactive with different topics. Such as relationships, sexuality, wellbeing, vaginas and vulvas, penises and testicles, my body, contraception, pregnancy, STI's, gender and abuse. There are free downloadable resources along with free E-learning. Brook can offer additional training and workshops, but this has an attached costing. | Yes | No | Yes | Yes | Yes | Yes | Brook offers a range of training for professionals and young people: <https://learn.brook.org.uk/>. There are also free downable handouts <https://www.brook.org.uk/resources/>. |
| [Lets Talk About it](https://www.letstalkaboutit.nhs.uk/relationships-sex-education-support/) | Let's Talk About It, has a range of information and resources for young people, adults, and professionals. There is a section on Relationships and Sex Education Support:  <https://www.letstalkaboutit.nhs.uk/relationships-sex-education-support/> here you will find lesson plans, presentations, videos, and campaign resources. There is information on local clinic's, how to book along with free RSE 1& 2 training and information on referrals for the Outreach Nurse Service and Sexual Health promotion. | Yes | Yes | Yes | Yes | Yes |  | <https://www.letstalkaboutit.nhs.uk/pathways-models/learning-disability-resources/> here you will find Learning Disabilities Resources. There is also information on the Get it on Condom distribution scheme: <https://www.letstalkaboutit.nhs.uk/get-it-on-condom-distribution/> |
| [Sex Education Forum](https://www.sexeducationforum.org.uk/) | The Sex Education Forum offer Advice and Guidance, teaching resources and training. Some resources are free to download others membership is required. | Yes | No | Yes | Yes | Yes | Yes | The Sex Education Forum offer a membership <https://www.sexeducationforum.org.uk/membership>. Training and consultancy can be delivered. More information can be found here: <https://www.sexeducationforum.org.uk/training-and-consultancy> |
| [Childnet](https://www.childnet.com/) | Childnet works directly with children and young people from the ages of 3-18, as well as parents, carers, teachers, and professionals, finding out about their real experiences online, and the positive things they are doing. Free downloadable resources including films which can be searched via topic and age. | Yes | Yes | Yes | Yes | Yes | Yes | Under the section for young people there 6 lessons available about being smart online:  <https://www.childnet.com/young-people/4-11-year-olds/get-smart/> this is aimed at 4–11-year-olds. There is another section for 11-18 year olds: <https://www.childnet.com/young-people/11-18-year-olds/> |
| [Professionals Online Safety Helpline](https://swgfl.org.uk/services/professionals-online-safety-helpline/) | Supporting professionals working with children and young people. Keeping children and staff safe online is a vital part of safeguarding and meeting school safeguarding obligations can be challenging. Recognising, responding, and dealing with these online issues is difficult. Lots of information on education and technology and how we can keep children safe online. | Yes | Yes | Yes | Yes | Yes | Yes | The website has a large catalogue of useful resources and advice. These can be found here: <https://swgfl.org.uk/resources/> |
| [Disrespect Nobody](https://webarchive.nationalarchives.gov.uk/ukgwa/20220225162456/https:/www.disrespectnobody.co.uk/) | Disrespect Nobody: There is a person attached to everybody, respect both.  Healthy relationships are all about respecting each other. You should feel loved, safe, and free to be yourself. Relationships can be confusing, and it can be difficult to understand what is and isn’t normal behaviour. But disrespectful and unacceptable behaviour can come in many forms. It isn’t limited to just physical behaviour; it can also go way beyond that. Topics include Relationship abuse, sexting, consent, rape, porn and harassment. There are interactive resources along with clips which can be shown. | Yes | No | Yes | No | No | N/A | Under each topic there is additional information and links which can help to support lessons. T |
| [Barnardos Real Love Rocks](https://barnardosrealloverocks.org.uk/) | Barnardo’s has launched a new and updated edition of Real Love Rocks, a ground-breaking education and awareness raising programme around healthy relationships and exploitation. These new Barnardo’s resources help teachers and other education professionals explore and talk to children and young people confidently about difficult issues such as consent, grooming, technology, bullying, pornography, sexual harassment, and relationships.  Real Love Rocks is interactive and has been designed to engage children and young people in an empowering and fun way through animations, activities, and games. | Yes | Yes | Yes | No | No | N/A | [Resource Packs](https://barnardosrealloverocks.org.uk/packs/) There are 3 packs available. Primary, Secondary and SEND. Each pack is £299. |
| [Coppafeel](https://coppafeel.org/info-resources/) | Coppafeel are the first breast cancer charity in the UK to solely create awareness amongst young people,  with the aim of instilling the knowledge and tools they need to get to know their bodies. At CoppaFeel! we believe that people of all ages and genders should be given the tools to get to know their bodies. It is  important that everyone knows it’s really important to look into what’s going on with your chest and  that getting to know your body is the best way to put the future in your hands.  CoppaFeel have a digital resource pack which can be downloaded for schools along with ordering resources. | Yes | Yes | Yes | Yes | Yes | N/A | The digital resource can be found here: [CoppaFeel Education Resource Pack](https://coppafeel.org/wp-content/uploads/2021/09/Education-Resources-Pack-FINAL.pdf)  CoppaFeel offer talks which are delivered by their volunteers. More information can be found on their website. |
| [Educate. Against. Hate](https://educateagainsthate.com/about/) | The purpose of this website is to provide practical advice, support, and resources to protect children from extremism and radicalisation.  Anyone can be vulnerable to extremism and radicalisation, but children are particularly at risk. As they grow and become more independent, it is not unusual for them to take risks, explore new things and push boundaries. Teenage years are often a time when young people will be searching for answers to questions about identity, faith and belonging, as well as looking for adventure and excitement. Extremist groups know young people are vulnerable and may claim to offer them answers, identity, and a strong social network, and using the internet and social media to spread their ideology.  The website has subheadings for Teachers, Parents and School Leaders where lesson plans, training, resources can be found. | Yes | Yes | Yes | No | No | N/A | The website offers Government guidance, training for teachers, how to report along with resources and lesson plans. |
| [Safe4me](https://www.safe4me.co.uk/resources/) | The Safe4me website provides educators, service providers and parents with information and resources to help educate, guide and support children and young people to keeping safe.  There is a section for professionals and Parents. This includes lots of other links to useful websites, clips which can be shown, information on the law and how to report. | Yes | Yes | Yes | Yes | No | N/A | Lesson plans can be found within each sub heading under resources. |