

## Inclusion Outreach Service - Central Training Offer 2021

*New course added: Stories for Social Understanding*

*All courses are free to all school staff and can be booked through the Portsmouth Learning Gateway.*

### **Behaviour as Communication – SEMH focus: Primary and secondary focus (2 sessions)**

*This course could be delivered again in the summer term if there's enough demand -*

*Contact: [Outreach@portsmouthcc.gov.uk](mailto:Outreach@portsmouthcc.gov.uk) to express your interest.*

#### **Course content:**

- Understanding that all behaviour is communication
- Reflecting on our mindsets
- Exploring success and failure cycles
- Child's internal working model and the assault cycle
- Using case studies to reflect on next steps
- Developing the inclusive classroom
- Reflecting on the OAP and its application
- The rationale for promoting relational values and qualities in the classroom

### **Autism for the Primary Classroom**

**23<sup>rd</sup> March & 27<sup>th</sup> April & 11<sup>th</sup> May @ 3-4.30 Virtual Training – (all 3 sessions to be attended)**

*Course Code: SCH/21/12*

#### **Session 1**

- Establishing routines and the learning environment

#### **Session 2**

- Managing transitions

#### **Session 3**

- Communication

### **Differentiation and Curriculum Adaptation in the Primary Setting**

**31<sup>st</sup> March @ 9.30-11.30 – Virtual Training**

*Course Code: SCH/21/15*

#### **Course content:**

- Recovery curriculum for SEND pupils
- The SEND Code of Practice and expectations within mainstream settings.
- 'Equality Versus Equity' for SEND pupils.
- Small Step, High Structure approach to learning, including TEACCH principles.
- Personalised structure and routines within the mainstream classroom.
- Effective use of Teaching Assistants.
- Embedding and maintaining learning over time.
- Integrating of sensory approaches within the mainstream classroom setting.

### **Enhancing pupil wellbeing through developing resilient schools - Primary focus**

**26<sup>th</sup> April & 10<sup>th</sup> May @ 3.45-4.45 on Microsoft Teams (both sessions to be attended)**

*Course Code: SCH/21/11*

#### **Course content:**

- What is resiliency?
- The 7 Cs of resiliency to enhance wellbeing
- Why these are important in building pupil's resilience
- Using collaborative problem solving and emotion coaching approaches to support pupils
- Practical strategies to use within the school classroom

The use of resilience assessment tools

**Stories for Social Understanding**  
**5<sup>th</sup> May @ 3.30-5 - Virtual Training**  
*Course Code: SCH/21/20*

**Course Content:**

- To ensure a shared understanding of the purpose of stories for social understanding
- To learn the rules required for creating a true story for social understanding
- To apply the rules to create a simple story for social understanding

**Small Changes – Big Impact, in the Secondary Setting**  
**20<sup>th</sup> May @ 9.30-11.30 - Virtual Training**  
*Course Code: SCH/21/16*

- Exploration of the experience of a SEND learner within the mainstream secondary setting
  - Age Appropriate SEND strategies
  - Discussion and development of key strategies which are often ‘low input high outcome’
  - Developing Independence for Secondary SEND pupils
  - The use of Teaching Assistant in mainstream secondary settings
- SEND and Mental Health within the mainstream secondary setting

**Developmental Trauma & PACE: Primary and secondary focus**  
**24<sup>th</sup> May & 7<sup>th</sup> June @ 3.45-4.45 on Microsoft Teams (both sessions to be attended)**  
*Course Code: SCH/21/9*

**Course content:**

Understanding the importance of attachment and relationships on brain development and the nervous system

- Understanding challenging behaviour: what it means, how it makes us feel – and how to understand it
- Building relationships to effectively reduce stress, restore regulation and build connections with pupils (the PACE approach: Playfulness. Acceptance. Curiosity. Empathy)
- Resolving conflict and solving problems: growing the capacity for resilience, responsibility-taking, and solution seeking, in children and young people

**Enhancing pupil wellbeing through developing resilient schools - Secondary focus**  
**21<sup>st</sup> June & 5<sup>th</sup> July @ 3.45-4.45 on Microsoft Teams (both sessions to be attended)**  
*Course Code: SCH/21/10*

**Course content:**

- What is resiliency?
- The 7 Cs of resiliency to enhance wellbeing
- Why these are important in building pupil’s resilience
- Using collaborative problem solving and emotion coaching approaches to support pupils
- Practical strategies to use within the school classroom
- The use of resilience assessment tools