Loss, Greif and Bereavement

|  |  |  |  |
| --- | --- | --- | --- |
| Source | Info | Link | Age |
| ELSA Support Network | A range of free and paid resources applicable for EY - KS2 can be found on this site as well as specific FREE information and support around supporting bereaved children through the Coronavirus pandemic as well as lists of age appropriate books and workbooks for children from EY - KS2. Additionally you will find a list of subsequent websites, charities and helplines and links to FREE downloadable resources. | <http://www.elsa-support.co.uk/bereavement-resources-for-parents-and-school-staff/> | **EY-KS4** |
| Childhood Bereavement Network | Resources to support children during coronavirus | <http://www.childhoodbereavementnetwork.org.uk/help-around-a-death/covid-19.aspx> | **EY - KS4** |
| Rowens Hospice | Downloadable PDF *‘Small Book of Big Conversations’* | <https://www.rowanshospice.co.uk/care/meerkats/> |  |
| Lion Life Skills | Resource packs for ages 3 – 16, with a free downloadable sample pack. \*additional resources available to purchase | <https://www.lionslifeskills.co.uk/search?q=bereavement> | **Life Changes 3-11 yrs**  **Life Changes 2 11-16 yrs** |
| Simon Says | General bereavement support, has a section with downloadable resources. | <https://www.simonsays.org.uk/> | **EY - KS4** |
| Balloons Charity | Offer free one-to-one grief support, usually over a 6-week period, for 5 to 25-year olds as well as family support. | <https://www.balloonscharity.co.uk/support/> | **All ages** |
| Nurture UK | Free bereavement downloadable guide | <http://www.nurtureuk.org/what-we-do/news/news/bereavement-support-children-and-young-people> | **EY - KS4** |
| Dying Matters | A whole section with downloadable posters, leaflets pod casts and information | <https://www.dyingmatters.org/page/resources-talking-about-death-and-dying> | **All ages** |
| Cruse Bereavement Care | Resources, information and helpline, supporting people who have been affected by the pandemic especially. | <https://www.cruse.org.uk/get-help/coronavirus-dealing-bereavement-and-grief> |  |
| Hope Again | Hope Again is the youth website of Cruse Bereavement Care. It is a safe place for young people to come together in grief and share experiences as well as a wealth of information and services. | <https://www.hopeagain.org.uk/> | **All ages** |
| Greif Encounter | Supporting bereaved children and young people with free support, resources, training and advice with specific information for schools and professionals | <https://www.griefencounter.org.uk/serviceupdate/> | **All ages** |
| Winston's Wish  (corona virus specific) | Information, advice and guidance on supporting bereaved children and young people during the coronavirus outbreak. | <https://www.winstonswish.org/coronavirus/> | **All ages** |
| Winston's Wish | Information, books and resources for helping children with bereavement, including information and support on how to deal with current difficult issues, such as not being able to attend funerals. | <http://www.winstonswish.org> | **All ages** |
| Bernanos | Child bereavement service - Multiple links and signposting to an array of Bernado's bereavement services inc advice and support to parents/carers of children and young people up to the age of 18 years who have been bereaved. Consultancy and training to professionals working with children who have been bereaved. | <https://www.barnardos.org.uk/merged-search?q=bereavment&ct=#gsc.tab=0&gsc.q=bereavment&gsc.page=1> | **Up to 18 yrs** |
| British Heart Foundation | Explains a step by step of the practicalities of what to do when someone dies | <https://www.bhf.org.uk/informationsupport/heart-matters-magazine/wellbeing/coping-with-a-death/what-to-do-when-someone-dies> | **KS3 - KS4** |
| Lullaby Trust | Bereavement support after the passing of a baby or child | <https://www.lullabytrust.org.uk/bereavement-support/> | **All ages** |
| Young Minds  Bereavement | Supporting your child with grief and loss. Advice, guidance and support for parent / carers in supporting loss amongst young people | <https://youngminds.org.uk/find-help/for-parents/parents-guide-to-support-a-z/parents-guide-to-support-grief-and-loss/> | **EY-KS4** |
| The Good Greif Trust | Bereavement support and information, as well as virtual support through a ‘virtual café’ via zoom. | <https://www.thegoodgrieftrust.org/need-know-info/coronavirus-bereavement-advice/> | **Support for all ages, however, be mindful there is a platform for a virtual café via Zoom** |
| Mind (bereavement) | Provides information on bereavement, where to go for support, and suggestions for helping yourself and others through grief. | <https://www.mind.org.uk/information-support/guides-to-support-and-services/bereavement/about-bereavement/> | **KS2-KS4** |
| Greif.org | Australian Centre for grief and bereavement - whilst it is Australian, there is a lot of helpful information and support for practitioners | ttp://grief.org.au/ | **Staff** |
| TES Website | Free to join. Variety of lesson plans, assemblies, presentations and downloadable worksheets for all ages. Mostly FREE however, some with minimal charges | <https://www.tes.com/resources/search/?q=bereavement> | **All ages** |

**Books and Workbooks for Children (List taken from the ELSA support website above** <http://www.elsa-support.co.uk/bereavement-resources-for-parents-and-school-staff/>

* [**Muddles, Puddles and Sunshine**](https://amzn.to/2Y98yKH): Your activity book to help when someone has died (EY)
* [**The Memory Tree**](https://amzn.to/3cOQrOc) (EY)
* [**Badgers Parting Gifts**](https://amzn.to/3aNEc3e) (EY)
* [**Always and Forever**](https://amzn.to/2ScNNKd) (EY)
* [**Grandad’s Island**](https://amzn.to/2VXN0Oq) (EY)
* [**When Dinosaurs Die: A guide to Understanding Death**](https://amzn.to/2VXN7tk) (KS1)
* [**Luna’s Red Hat: A Storybook to Help Children Cope with Loss and Suicide**](https://amzn.to/3aDyNM1) (KS1)
* [**The Invisible String**](https://amzn.to/2zAVNhR) (KS1)
* [**The Invisible String Workbook**](https://amzn.to/2y2vuR9) (KS1)
* [**Michael Rosen’s Sad Book**](https://amzn.to/35gOebW) (KS1)
* [**The Dragonfly Story**](https://amzn.to/3aG1GHs) (KS1)
* [**Vicky Angel**](https://amzn.to/2yScvbV) (KS2)
* [**Bridge to Terabithia**](https://amzn.to/3eO6EoC) (KS2)
* [**When Someone Has a Very Serious Illness**](https://amzn.to/35dQ50X) (KS2)
* [**When Someone Very Special Dies**](https://amzn.to/2KCDMll) (KS2)
* [**When Dinosaurs Die**](https://amzn.to/35cZCWe) (KS1-KS2)
* [**The Day the Sea Went Out and Never Came Back**](https://amzn.to/2S6kZmL) (EY-KS2)
* [**The Huge Bag of Worries**](https://amzn.to/3eUQE4m)  (EY -KS2)
* [**The Fox and the Star**](https://amzn.to/3bMIpFn) (All ages)