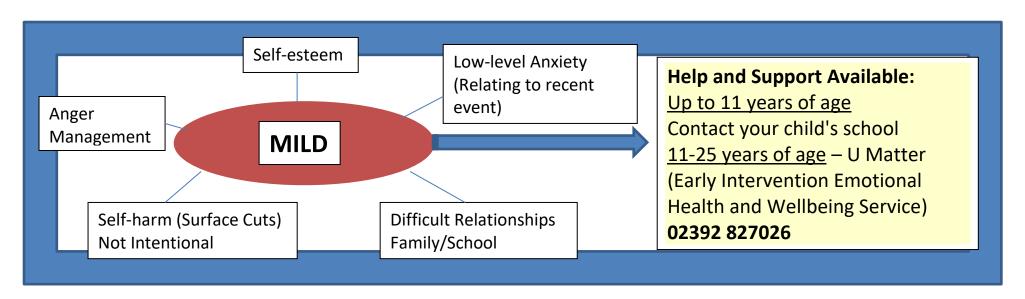
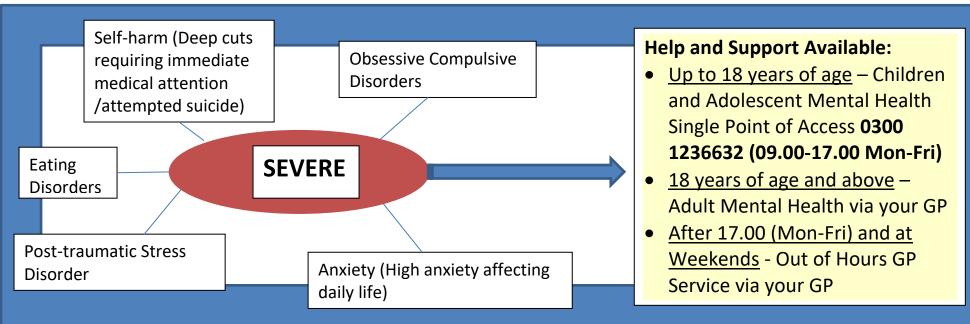
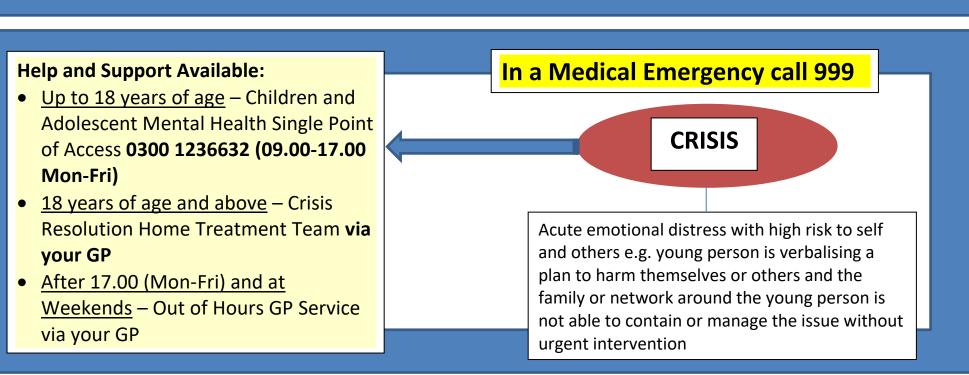
IS YOUR CHILD'S BEHAVIOUR WORRYING YOU?



Anxiety **Help and Support Available:** (Frequent and • Up to 18 years of age – Children increased impact on and Adolescent Mental Health some areas of life) Single Point of Access 0300 **MODERATE** 1236632 (09.00-17.00 Mon-Fri) 18 years of age and above – Adult Mental Health via your GP Self-harm (Regular After 17.00 (Mon-Fri) and at surface cuts and suicidal Weekends - Out of Hours GP thoughts) Service via your GP





For further detailed information please refer to the accompanying guide